

# THE FAMILY TREE FALL 2009 CLASS SCHEDULE

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3
5 <b>RAPP #3</b> Cooperative Parenting & Divorce #4	6 <b>ANGER CHOICES #3</b> <b>Best Dads #1 (NI)</b>	7 <b>BiPolar Support Group</b> Common Sense Parenting #6	8 Children Cope w/ Divorce PM	9	10
12 <b>RAPP #4</b> <b>Best Dads #1</b>	13 <b>ANGER CHOICES #4</b> <b>Best Dads #2 (NI)</b>	14 <b>How to talk #1</b>	15	16	17
19 <b>RAPP #5</b> <b>Best Dads #2</b>	20 <b>ANGER CHOICES #5</b> <b>Best Dads #3 (NI)</b>	21 <b>ADHD Support Group</b> <b>How to talk #2</b>	22 Children Cope w/ Divorce AM	23	24
26 Behavior Choices #1 <b>Rayne</b> <b>Best Dads #3</b>	27 <b>ANGER CHOICES #6</b> <b>Best Dads #4 (NI)</b>	28 <b>How to talk #3</b>	29	30	

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Cooperative Parenting & Divorce #1 Behavior Choices #2 <b>Rayne</b> <b>Best Dads #4</b>	3 <b>Best Dads #5 (NI)</b>	4 <b>BiPolar Support Group</b> Common Sense Parenting #1 <b>How to talk #4</b>	5 Children Cope w/ Divorce PM	6	7
9 Cooperative Parenting & Divorce #2 Behavior Choices #3 <b>Rayne</b> <b>Best Dads #5</b>	10 <b>Best Dads #6 (NI)</b>	11 Common Sense Parenting #2 <b>How to talk #5</b>	12	13	14
16 Cooperative Parenting & Divorce #3 Behavior Choices #4 <b>Rayne</b> <b>Best Dads #6</b>	17 <b>ANGER CHOICES #1</b> <b>Best Dads #7 (NI)</b>	18 <b>ADHD Support Group</b> Common Sense Parenting #3	19 Children Cope w/ Divorce PM <b>Children Cope w/ Divorce PM New Iberia</b>	20	21
23 Cooperative Parenting & Divorce #4 <b>Best Dads #7</b>	24 <b>ANGER CHOICES #2</b> <b>Best Dads #8 (NI)</b>	25 Common Sense Parenting #4	26 <b>THANKSGIVING!</b>	27	28
30 <b>Best Dads #8</b>					

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>ANGER CHOICES #3</b> <b>Best Dads #9 (NI)</b>	2 <b>BiPolar Support Group</b> Common Sense Parenting #5 <b>How to talk #1</b>	3 Children Cope w/ Divorce PM	4	5
7 <b>Best Dads #9</b>	8 <b>ANGER CHOICES #4</b> <b>Best Dads #10</b> GRADUCATION (NI)	9 Common Sense Parenting #6 <b>How to talk #2</b>	10	11	12
14 <b>Best Dads #10</b> Graduation	15 <b>ANGER CHOICES #5</b>	16 <b>ADHD Support Group</b> <b>How to talk #3</b>	17 Children Cope w/ Divorce PM	18	19
2	22 <b>ANGER CHOICES #6</b>	23 <b>How to talk #4</b>	24	25 <b>Christmas</b>	26
28	29	30 <b>How to talk #5</b>	31		

# FALL 2009 PROGRAM SCHEDULE

## GENERAL PARENTING

### **BEST DADS: Nurturing Fathers Program FREE!**

This 10-week course will explore topics such as discipline and creative play, fathering sons and daughters, teamwork with spouse and co-parent, communication and problem-solving, and balancing work and fathering. This course is free to fathers thanks to the Louisiana Children's Trust Fund.

**Pre-registration is required call 337-981-2180.**

Jay Menard

Mondays 6:00 - 7:30 PM

October 12 - December 14

**Also offered in NEW IBERIA**

Jon Berthelot

Tuesdays 6:00-7:30 PM

October 6- December 8

### **COMMON SENSE PARENTING OF TODDLERS & PRESCHOOLERS FREE!**

This six-week seminar focuses on effective communication and parenting techniques that encourage cooperation between parents & children.

Amy Cavanaugh, PhD

Wednesdays 6:00 - 7:30 PM

November 4 - December 9

### **HOW TO TALK SO KIDS WILL LISTEN \$75/person, \$95/couple**

Would you like to communicate better with your children? If so, this series will interest you! This five-week seminar focuses on effective communication techniques that encourage cooperation between parents & children.

Breanna Lewis

Wednesdays 6:00 - 7:30 PM

October 14 - November 11

December 2 - 30

## ANGER MANAGEMENT

### **Anger Choices**

#### **\$140 (\$120 if paid one week before class)**

Learn how to reduce self-defeating angry reactions. This class offers participants the opportunity to wisely choose reactions that are less harmful to self and others. Register at least one week early for a \$20 fee reduction!

Tuesdays 6:00 - 7:30 PM

September 22 - October 27, Terry Zenner, LCSW

November 17 - December 22, Regina Robichaux, LPC

### **RAPP: Resolving Anger with Past Partners \$140/person**

A small class of 8-10 participants will address issues unique to separation and divorce. These issues can be related to custody arrangements, financial support, anger as normal grieving, and feelings about the former spouse's dating or remarriage as it affects the participant and his or her children. The goal of the class is to help reduce bitterness related to these issues. RAPP is designed to help both men and women. Due to the class content and goals, only one partner will be allowed in each class offering.

Terry Zenner, LCSW & Regina Robichaux, LPC

Mondays 6:00 - 8:00 PM

September 21- October 19

### **Behavior Choices: Anger Management for Teens FREE!**

This class is offered in **Rayne ONLY!**

This class for parents and their teenaged children. Together they learn negotiation skills to help cope with conflicts at home & in other settings. At least one parent is required to attend classes with teen.

This course is free thanks to the Louisiana Children's Trust Fund

Andrea Vidrine, LCSW

Mondays 6:00 - 7:30 PM October 26 - November 16

## SPECIAL TOPICS

### **CHILDREN COPE WITH DIVORCE Parents Only! (No children please.)**

**\$35**

This four-hour parent seminar is designed to help minimize the negative impact of divorce on children. Participants will explore how families experience divorce, typical reactions of children, skills that help children cope, and pitfalls to avoid. The class begins promptly on time so please allow extra time for traffic & parking.

Thursday **Evenings** 5:30 - 9:30 PM:

October 8, November 5, 19, December 3, 17

Thursday **Morning** 8:30 AM- 12:30 PM: October 22

Additional Dates will be added as classes fill!

Please call for more information!

**Thursday Evening in New Iberia  
5:30 PM - 9:30 PM: November 19  
Free to New Iberia Residents!**

### **COOPERATIVE PARENTING & DIVORCE \$60/person, \$80/couple**

During the divorce process, parents often struggle to restructure their family. This struggle is magnified by pain, anger and concerns about how to support their children during this process. This program addresses the issues associated with divorce through a group format that incorporates skills development, parent interaction and application.

**Registration Policy:** Class size is limited to 10 attendees. Only the first 10 **PAID** enrollments can take the class. Registrants who cannot attend the class must call The Family Tree 24 hours before the class is set to begin to be entitled to a tuition refund.

Connie LeBlanc, LPC

Mondays 6:00 - 8:00 PM

November 2 - 23

## SUPPORT GROUPS

### **BIPOLAR SUPPORT GROUP**

#### **Parents of Children w/Bipolar Disorder**

This group meets monthly to offer support and to share information in a setting of understanding and compassion for the families of children suffering from this often misunderstood diagnosis.

Rachel Foreman

First Wednesday of every month! 5:30 - 6:30 PM

October 7, November 4, December 2

### **ADHD Support Group FREE! (No children please.)**

This monthly support group is led by an expert in the field and enables parents of children with AD/HD to share information/resources.

Danny Yeager, LCSW

Third Wednesday of every month! 6:00 - 7:00 PM

October 21, November 18, December 16

## FREE SATURDAY WORKSHOPS

Lafayette Time: 10:00 - 11:30 AM

New Iberia Time: 1:30 - 3:00 PM

Call (337)981-2180 for more information.

**Please CALL for information on Workshops!**

All classes require pre-payment for registration.

Payments can be mailed to:

**THE FAMILY TREE**

**4540 AMBASSADOR CAFFERY PKWAY. STE. B-220  
LAFAYETTE, LA 70508**

Please include the name of class for which you are registering on check or money order.

**Call 981-2180 for more information.**