

# THE FAMILY TREE

INFORMATION, EDUCATION & COUNSELING CENTER

## APPLICATION FOR AN ADULT

For Office Use Only:

Appointment Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Time: \_\_\_\_\_ AM PM

Counselor: \_\_\_\_\_ L NI A

### PERSONAL INFORMATION (please print):

Client's Name: \_\_\_\_\_  
(Last Name) (First Name) (Maiden, if applicable)

Mailing Address: \_\_\_\_\_

Physical Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Parish: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Social Security Number: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Gender:  Male  Female

Race:  White  Black or African-American  American Indian or Alaskan Native  Asian  Native Hawaiian or Other Pacific Islander  
 Hispanic or Latino (of any race)  Other \_\_\_\_\_

Marital Status:  Married  Divorced  Single  Widowed  Separated  Remarried

Do you have a disability (a condition that impacts mental or physical functioning?)  No  Yes (please indicate) \_\_\_\_\_

Do you have transportation problems?  No  Yes (please describe) \_\_\_\_\_

How did you get here today?  Taxi  Own Transportation  Feet/Walk  Public Transportation  Family/Friend

#### Referred by:

Re-Opened Case  Another Client  School Personnel  Telephone Directory  
 Mental Health Center  Court System/Attorneys  Insurance  EAP  The Family Tree Newsletter  
 Doctor  Newspaper/TV  Hospital  Web Site  
 Other Therapist  Friend /Family Member  United Way Agency  Dept. of Children & Family Services  
DCFS Case Worker: \_\_\_\_\_

Type of Counseling:  Individual  Couple  Parent & Child  Family

**IMPORTANT REMINDER!! Sessions fees will be assessed according to gross annual household income for all first time clients WITHOUT insurance benefits. Clients with insurance benefits will pay the insurance company's contracted rate, upon verification of insurance, session fees, including co-pays and co-insurance will be adjusted accordingly.**

Signature of Responsible Party: \_\_\_\_\_ Date: \_\_\_\_\_

### PLEASE DO NOT WRITE IN THIS BOX. THIS INFORMATION WILL BE COMPLETED BY OUR STAFF.

Place of employment: \_\_\_\_\_ Gross Annual Income: \$ \_\_\_\_\_

Place of employment (Spouse): \_\_\_\_\_ Gross Annual Income: \$ \_\_\_\_\_

Child Support, AFDC (food stamps), TANF, Retirement, Alimony, SSI or SS, Unemployment or Other: \_\_\_\_\_

HOUSEHOLD'S TOTAL ANNUAL INCOME: \$ \_\_\_\_\_

Number of Persons Living in Household: \_\_\_\_\_

FEE PER SESSION: \$ \_\_\_\_\_

NON-REFUNDABLE PROCESSING FEE: \$ \_\_\_\_\_

TOTAL AMOUNT DUE: \$ \_\_\_\_\_

#### Payment Information

Cash  Check # \_\_\_\_\_

Visa  MC

In-take co \_\_\_\_\_

Total Amount Paid: \_\_\_\_\_

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Adult

PLEASE COMPLETE THE FOLLOWING INFORMATION:

## Who lives with you?

Name	Age	Nature of Relationship	Name of school he/she attends
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please briefly describe the reason(s) for seeking counseling at this time:

\_\_\_\_\_

\_\_\_\_\_

What do you hope to be able to achieve as a result of counseling?

\_\_\_\_\_

\_\_\_\_\_

Have you ever participated in counseling before?  No  Yes, for what reason? \_\_\_\_\_

If yes, where? \_\_\_\_\_ With whom? \_\_\_\_\_ When? \_\_\_\_\_

Was the counseling helpful?  No  Yes Were you ever diagnosed by a psychiatrist?  No  Yes Diagnosis: \_\_\_\_\_

How much did the following problems bother you in the past week?

	Not at all	A little	Somewhat	A lot
1. Nervousness or shakiness	1	2	3	4
2. Feeling sad or blue	1	2	3	4
3. Your heart pounding or racing	1	2	3	4
4. Trouble sleeping	1	2	3	4
5. Feeling fearful or afraid	1	2	3	4
6. Difficulty at home	1	2	3	4
7. Difficulty socially	1	2	3	4
8. Difficulty at work or school	1	2	3	4

## Solution Building Inventory (Smock, McCollum, & Stevenson, 2010)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
9. I can think about things that have made a positive difference for me.	1	2	3	4	5
10. I am able to focus on times when my situation is not so overwhelming, even a little bit.	1	2	3	4	5
11. There are times in my life when I am able to handle difficulties well.	1	2	3	4	5
12. I am aware of small positive changes that I make.	1	2	3	4	5
13. I have successfully overcome challenges in the past.	1	2	3	4	5
14. I have made steps towards improving my life.	1	2	3	4	5
15. I have friends or family that I can count on for help.	1	2	3	4	5

16. In the past week, approximately how many alcoholic beverages did you have?  None  1  2-3  4-5  6+

17. Is there a history of alcohol and/or drug abuse in your family?  No  Yes, by whom? \_\_\_\_\_

18. Do you have a history of alcohol and/or drug abuse?  No  Yes

19. In general would you say your health is:  Excellent  Very Good  Good  Fair  Poor

20. In the past 6 months, how many times did you visit a medical doctor? \_\_\_\_\_

Are you on any medication?  No  Yes

Name of medication:	Prescribed by:	Reason for:	Dosage:	Length of time taken:
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

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## COUNSELING SERVICE POLICIES

**Regarding Arrival Time:** Please arrive on time. All appointments are scheduled at the top of each hour and last 50 minutes.

**Regarding Children:** We are pleased to offer counseling services for members of the entire family. When parents are in a counseling session, we require parents to arrange for another responsible adult to care for minor children age 16 and under. When minor children are in a counseling session, we require that a parent will remain in the waiting room until the session ends.

**Regarding Rescheduling:** Clients are encouraged to reschedule a follow-up appointment at the end of each counseling session.

### **Regarding Missed Appointments:**

- Clients will be charged their full session fees in the event of:
  - Appointments cancelled **LESS THAN 24 HOURS IN ADVANCE.**
  - **NOT SHOWING UP** for a scheduled appointment.
- Payments for missed appointments **MUST** be paid in full before the next appointment can be scheduled.
- If you would like to request a waiver of fee, please provide a written explanation of reason for missed appointment along with appropriate documentation to:

The Family Tree  
Attn: Anne LeBlanc, Office Manager  
4540 Ambassador Caffery Parkway, Suite B-220  
Lafayette, LA 70508

**To cancel or reschedule an appointment, please call 337-981-2180.**

**Regarding the Counseling Process:** We welcome the opportunity to serve as a host agency for graduate students in the mental health disciplines. As a training site, students have the opportunity to experience the breadth of our agency. By training alongside the multidisciplinary staff, students have the opportunity to attain vast knowledge and practical skills. Master's level Social Work or General Counseling graduate students from Louisiana State University and the University of Louisiana at Lafayette may provide counseling services at The Family Tree. These counselors-in-training are provided direct supervision at LSU or ULL as well as agency supervision by The Family Tree clinical staff. To provide clients with the best possible care, the counseling process may involve various practices including a team approach. When clients receive agency services which are to be provided by a counselor-in-training, it is the practice of the agency to inform the client.

***I have read and I understand this policy statement. Furthermore, I acknowledge that I have been given a copy of this policy statement.***

Client's Name: \_\_\_\_\_

Printed Name of Responsible Party: \_\_\_\_\_

Signature of Responsible Party: \_\_\_\_\_

Date: \_\_\_\_\_

Client given a copy.

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## INSURANCE FORM

Client Name: \_\_\_\_\_

Client DOB: \_\_\_\_\_

Name of Insured: \_\_\_\_\_

Insured DOB: \_\_\_\_\_

Insured's Address: \_\_\_\_\_  
Street address

\_\_\_\_\_ City State Zip

Insured's Employer: \_\_\_\_\_

Insured's Social Security Number: \_\_\_\_\_

## INSURANCE COMPANY INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Insurance Company's Phone Number: \_\_\_\_\_

### **AUTHORIZATION TO RELEASE INFORMATION TO INSURANCE COMPANY**

***I authorize The Family Tree to release any information necessary to the above named insurance company for payment, and I authorize that benefits be made payable to the agency on my behalf.***

Signature of Responsible Party: \_\_\_\_\_ Date: \_\_\_\_\_

#### **For Office Use Only:**

Billing address: \_\_\_\_\_

Billing form: \_\_\_\_\_ CPT initial: \_\_\_\_\_

\_\_\_\_\_

Follow: \_\_\_\_\_

Co-pay:  No  Yes, amount \$ \_\_\_\_\_

Deductable: \_\_\_\_\_ Met:  No  Yes

Authorization #: \_\_\_\_\_

Contracted rate: \_\_\_\_\_

# of approved sessions: \_\_\_\_\_

Effective date: \_\_\_\_\_

Verified by: \_\_\_\_\_

Exclusions: \_\_\_\_\_

### **NO SHOW OR LATE CANCELLATION POLICY**

***I understand and agree that I will be charged the contracted rate per session. Since The Family Tree cannot bill insurance companies for sessions not attended, I understand that I will be responsible for the full contracted rate in the event of a no show or late cancellation.***

Signature of Responsible Party: \_\_\_\_\_ Date: \_\_\_\_\_

Client given a copy.

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## TREATMENT CONSENT FORM

### Consent to Use and Disclose Your Protected Health Information For Treatment, Payment, and Healthcare Operations

**Statement of confidentiality:** The Family Tree Information, Education & Counseling Center will not share information with any person outside of the agency without your *written permission*, except as required by law or in a situation deemed potentially life threatening.

**Notice of Privacy Practices:** The Family Tree Information, Education & Counseling Center understands that mental health information about you is personal. We comply with Louisiana State and Federal Laws concerning personal health information. We are providing you with a copy of our Notice of Privacy Practices.

**Treatment, Payment, and Healthcare Operations:** As we provide services to you, we will be collecting and retaining information about you in your record. This information is referred to as Protected Health Information or PHI. By signing this consent form, you are allowing us to use and disclose this PHI, as referenced in our Notice of Privacy Practices, for treatment, payment, and health care operations (TPO), as allowed/required by law. If you do not sign this consent form, allowing us to use and disclose your PHI for TPO, we will not be able to treat you. This is necessary for us to provide you with quality care. For example, we need to be able to use and disclose this information to be able to decide on the best treatment options for you, to receive payment, and for other business and government functions. Any uses or disclosures, beyond that which are described in the Notice of Privacy Practices, will require that you sign a *separate authorization*. Please read the notice of Privacy Practices carefully. We reserve the right to change the terms of the Notice at any time. Any changes will be effective for all protected health information that we maintain. You may request a copy of the revised Notice at any time.

**Contact with you:** With this consent, The Family Tree may call and leave a message on voice mail or in person, mail, or email my home or other alternative location in reference to any items that assist the practice in carrying out TPO, such as appointment reminders, insurance items, billing statements, follow-up letters, and any calls pertaining to my clinical care.

**Request to restrict disclosures:** If you are concerned about some of your mental health information being used or disclosed, as outlined in the Notice of Privacy Practices, you have a right to request, in writing, a restriction or limitation on the mental health information we use or disclose about you for treatment, payment, or health care operations. However, we are not required to agree to your request. If we do agree to your request, we will comply with your request unless the information is necessary to treat you, is needed to provide you with emergency treatment, or if complying with the request is against the law. After signing this request, you have the right to revoke it (by submitting the request in writing) and we will comply with the request, with the understanding that we cannot take back any uses or disclosures that may have already been made with your permission, and that we are required to retain our records of the care that we have provided you.

***By signing below, I acknowledge that I have received a copy of the Notice of Privacy Practices for The Family Tree. In addition, I have read and I understand this consent form.***

Client's Name: \_\_\_\_\_

Printed Name of Responsible Party: \_\_\_\_\_

Signature of Responsible Party: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Agency Representative: \_\_\_\_\_

Date: \_\_\_\_\_

**FOR OFFICE USE ONLY:**

A good faith effort was made to obtain from the client a written acknowledgment of his/her receipt of the Notice of Privacy Practices; however, I was unable to do so as documented below.

Reason: \_\_\_\_\_

Employee Name: \_\_\_\_\_

Date: \_\_\_\_\_

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## NOTICE OF PRIVACY PRACTICES

In compliance with Federal Law, Effective: January 1, 2011

THIS NOTICE DESCRIBES HOW PROTECTED HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

*PLEASE REVIEW IT CAREFULLY.*

### WHO WILL FOLLOW THIS NOTICE

This notice describes the Agency's practices and that of:

- All employees, staff, volunteers, contractors, and other personnel.
- All departments and units of the agency.
- Any members of a volunteer group we allow to help you while you are our client.
- All entities, sites, and locations will follow the terms of this notice. When this notice refers to "we" or "us", it is referring to the following entities, sites, and locations. In addition, these entities may share PHI with each other for treatment, payment, or health care operation purposes described in this notice.
- Counseling sites in New Iberia, Abbeville, and Lafayette.

### OUR DUTIES

- We are required by law to make sure that PHI that identifies you is kept private;
- We are required to provide you this notice of our legal duties and privacy practices; and
- We are required to follow the terms of this notice. We reserve the right to change the terms of this Notice at any time. Any changes will be effective for all PHI that we maintain. You may request a copy of the revised Notice at any time.

### OUR PLEDGE REGARDING PROTECTED HEALTH INFORMATION (PHI)

We understand that PHI about you is personal, and we are committed to protecting PHI about you. We create a record of the care and services you receive at our agency. We need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of your care generated by our agency, whether recorded in your counseling record, invoice payment forms, recordings, or other ways, whether made by The Family Tree personnel or your personal counselor.

### ACKNOWLEDGMENT OF RECEIPT OF THIS NOTICE

You will be asked to provide a signed acknowledgement of receipt of this notice. Our intent is to make you aware of the possible uses and disclosures of your PHI and your privacy rights. The delivery of healthcare service will in no way be conditioned upon your signed acknowledgement. If you decline to provide a signed acknowledgement, we will continue to provide you treatment, and will use and disclose your PHI for treatment, payment, and healthcare operation when necessary.

### HOW WE MAY USE AND DISCLOSE MEDICAL INFORMATION ABOUT YOU

By State law and the ethics of our mental health professions, we must have your written, signed Consent to use and disclose PHI for the following purposes. For each category of uses or disclosures we will explain what we mean and list an example. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

- For Treatment. We will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with third parties. We may disclose PHI about you to other Family Tree personnel who are involved in taking care of you at the agency.
- For Payment. We may use and disclose medical information about you so that the treatment and services you receive at The Family Tree may be billed to and payment may be collected from you, an insurance company, or a third party. For example, we may inform your health insurance company of your diagnosis and treatment in order to assist the insurer in processing our claim for the healthcare services provided to you.

- For Healthcare Operations. We may use or disclose, as needed, PHI about you in order to support The Family Tree business activities. These activities include, but are not limited to, quality assessment activities, employee review activities, training, licensing, and educational activities. These uses and disclosures are necessary to run The Family Tree and ensure that all of our clients receive quality care. For example, we may use PHI to review our treatment and services and to evaluate the performance of our staff in caring for you. We may also combine PHI about many clients to decide what additional services The Family Tree should offer, what services are not needed, and whether certain new treatments are effective. We may also disclose information to other Family Tree personnel for review and learning purposes. We may also combine the PHI we have with PHI from other mental health counseling centers to compare how we are doing and see where we can make improvements in the care and services we offer. We will remove information that identifies you from this set of PHI so others may use it to study health care and health care delivery without learning who the specific clients are.
  - Appointment Reminders. We may use and disclose PHI to contact you as a reminder that you have an appointment for mental health care at The Family Tree. Please notify us if you do not wish to be contacted for appointment reminders, or if you want to make restrictions about such contact.

You may revoke your Consent at any time by giving us written notice. Your revocation will be effective when we receive it, but it will not apply to any uses and disclosures that occurred before that time.

### SPECIAL SITUATIONS

We may use or disclose PHI about you without your permission for the following purposes, subject to all applicable legal requirements and limitations:

- To Avert a Serious Threat to Health or Safety. Based on professional judgment, we may use and disclose PHI about you when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person.
- Required By Law. Based on professional judgment, we will disclose PHI about you when required to do so by federal, state or local law. Disclosures may be compelled by DHHS for compliance and enforcement purposes.
- Lawsuits and Disputes. If you are involved in a lawsuit or a dispute, we may disclose PHI about you in response to a court or administrative order. Subject to all applicable legal requirements, we may also disclose PHI about you in response to a subpoena. Such disclosures would be based on professional judgment.
- Law Enforcement. We may release PHI if required to do so by a law enforcement official in response to a court order, subpoena, warrant, summons or similar process, subject to all applicable legal requirements.
- Family and Friends. In situations where you are not capable of giving authorization (because you are not present or due to your incapacity or medical emergency), we may, using our professional judgment, determine that a disclosure to your family member or friend is in your best interest. In that situation, we would disclose only PHI relevant to the person's involvement in your care. For example, if you were in a mental health crisis, we might involve a family member or friend in helping you get to an appropriate care facility.
- Research. PHI about you can be used for research projects that are subject to a special approval process. You may be asked for your permission, if the researcher will have access to your name, address or other information that reveals who you are.
- Military, Veterans, National Security and Intelligence. If you are or were a member of the armed forces, or part of the national security or intelligence communities, military command or other government authorities may require the release of PHI about you. HIPAA also permits release of information about foreign military personnel to the appropriate foreign military authority.
- Inmates. If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release PHI about you to the correctional institution or law enforcement official. This release would be necessary (1) for the institution to provide you with health care; (2) to protect your health and safety or the health and safety of others; or (3) for the safety and security of the correctional institution. We will almost always ask you to sign an Authorization form before releasing such information.
- Workers' Compensation. PHI about you may be released for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.

- Public Health Risks. PHI about you may be disclosed for public health reasons in order to prevent or control disease, injury or disability; or report births, deaths, suspected abuse or neglect, non-accidental physical injuries, reactions to medications or problems with products.
- Health Oversight Activities. PHI about you may be disclosed to a health oversight agency for audits, investigations, inspections, or licensing purposes. These disclosures may be necessary for certain state and federal agencies to monitor the health care system, government programs, and compliance with civil rights laws.
- Information Not Personally Identifiable. PHI about you may be disclosed in a way that does not personally identify you or reveal who you are.

#### OTHER USES AND DISCLOSURES OF PHI

This agency will not use or disclose your PHI for any purpose other than those identified in the previous sections without your specific, written *Authorization*. We must obtain your *Authorization* separate from any *Consent* we may have obtained from you. If you give us *Authorization* to use or disclose PHI about you, you may revoke that *Authorization*, in writing, at any time. If you revoke your *Authorization*, we will no longer use or disclose information about you for the reasons covered by your written *Authorization*, but we cannot take back any uses or disclosures already made with your permission.

If we have HIV or substance abuse information about you, we cannot release that information without a special signed, written authorization (different than the *Authorization* and *Consent* mentioned above) from you. In order to disclose these types of records for purposes of *treatment, payment or health care operations*, we will require a special written authorization that complies with the law governing HIV or substance abuse records.

#### YOUR RIGHTS

You have the following rights regarding PHI we maintain about you:

- Right of Access to Inspect and Copy. You have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that may be used to make decisions about your care. Usually, this includes mental health and billing records, but does not include psychotherapy notes. Your right to inspect and copy PHI will be restricted only in those situations where there is compelling evidence that access would cause serious harm to you. We may charge a reasonable, cost-based fee for copies.
- Right to Amend. If you think that the PHI we have about you is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment.
- Right to an Accounting of Disclosures. You have the right to request an accounting of certain of disclosures that we make of your PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.
- Right to Request Restrictions. You have the right to request a restriction or limitation on the use or disclosure of your PHI for treatment, payment, or health care operations. We are not required to agree to your request.
- Right to Request Confidential Communication. You have the right to request that we communicate with you about mental health matters in a certain way or at a certain location.
- Right to a Copy of this Notice. You have the right to a copy of this notice.

To exercise any of these rights, please submit a written request form to Clinical Director, The Family Tree, P.O. Box 2386, Lafayette, LA 70502.

#### COMPLAINTS

If you believe we have violated your privacy rights, you have the right to file a complaint in writing with our Chief Executive Officer or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257. We will not retaliate against you for filing a complaint.

#### CONTACT INFORMATION

You may contact The Family Tree, (337) 981-2180 or P.O. Box 2386, Lafayette, LA 70502, for further information about the complaint process or for further information about this document.