

THE FAMILY TREE SUMMER 2009 CLASS SCHEDULE

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 BiPolar Support Group Common Sense Parenting #6	2	3	4
6 Best Dads #3 Cooperative Parenting & Divorce #1	7 ANGER CHOICES #6	8	9 Children Cope w/ Divorce PM	10	11 Parenting 106 Parenting from Strengths
13 Best Dads #4 Cooperative Parenting & Divorce #2	14	15 ADHD Support Group	16	17	18
20 Best Dads #5 Cooperative Parenting & Divorce #3	21	22 Dress for Success!	23 Children Cope w/ Divorce PM Children Cope w/ Divorce NI	24	25 Parenting 107 Non-custodial Parenting
27 Best Dads #6 Cooperative Parenting & Divorce #4	28 ANGER CHOICES #1	29 How to Talk #1	30 Children Cope w/ Divorce PM	31	

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1
3 Best Dads #7	4 ANGER CHOICES #2 Behavior Choices # 1 Crowley	5 How to Talk #2 BiPolar Support Group	6 Children Cope w/ Divorce PM	7	8 Parenting 108 How to Help Your Child Stay in School
10 Best Dads #8	11 ANGER CHOICES #3 Behavior Choices # 2 Crowley	12 How to Talk #3	13	14	15
17 Best Dads #9	18 ANGER CHOICES #4 Behavior Choices # 3 Crowley	19 How to Talk #4 ADHD Support Group	20 Children Cope w/ Divorce PM	21	22
24 Best Dads #10	25 ANGER CHOICES #5 Behavior Choices # 4 Crowley	26 How to Talk #5	27	28	29
31					

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ANGER CHOICES #6	2 BiPolar Support Group Common Sense Parenting #1	3	4	5
7	8	9 Common Sense Parenting #2	10 Children Cope w/ Divorce AM	11	12 Come Play w/ Me 9AM-2PM
14 RAPP #1 Cooperative Parenting & Divorce #1	15	16 Common Sense Parenting #3 ADHD Support Group	17	18	19
21 RAPP #2 Cooperative Parenting & Divorce #2	22 ANGER CHOICES #1	23 Common Sense Parenting #4	24 Children Cope w/ Divorce PM	25	26 How to talk so your PARTNER will listen 10-11:30
27 RAPP #3 Cooperative Parenting & Divorce #3	28 ANGER CHOICES #2	29 Common Sense Parenting #5	30		

SUMMER 2009 PROGRAM SCHEDULE

GENERAL PARENTING

BEST DADS: Nurturing Fathers Program FREE!

This 10-week course will explore topics such as discipline and creative play, fathering sons and daughters, teamwork with spouse and co-parent, communication and problem-solving, and balancing work and fathering. This course is free to fathers thanks to the Louisiana Children's Trust Fund. Pre-registration is required at 981-2180.

Patrick Bowman
Mondays 6:00-7:30 PM
June 22- August 24

COMMON SENSE PARENTING OF TODDLERS & PRESCHOOLERS FREE!

This six-week seminar focuses on effective communication and parenting techniques that encourage cooperation between parents & children.

Amy Abraham, PhD
Wednesdays 6:00-7:30 PM
September 2- October 7

HOW TO TALK SO KIDS WILL LISTEN \$75/person, \$95/couple

Would you like to communicate better with your children? If so, this series will interest you! This five-week seminar focuses on effective communication techniques that encourage cooperation between parents & children.

Leslie Stelly
Wednesdays 6:00-7:30 PM
July 29- August 26

ANGER MANAGEMENT

Anger Choices

\$140 (\$120 if paid one week before class)

Learn how to reduce self-defeating angry reactions. This class offers participants the opportunity to wisely choose reactions that are less harmful to self and others. Register at least one week early for a \$20 fee reduction!

Tuesdays 6:00-7:30 PM
Regina Robichaux, LPC
July 28-September 29
Terry Zenner, LCSW
September 22-October 27

RAPP: Resolving Anger with Past Partners \$140/person

A small class of 8-10 participants will address issues unique to separation and divorce. These issues can be related to custody arrangements, financial support, anger as normal grieving, and feelings about the former spouse's dating or remarriage as it affects the participant and his or her children. The goal of the class is to help reduce bitterness related to these issues. RAPP is designed to help both men and women. Due to the class content and goals, only one partner will be allowed in each class offering.

Terry Zenner, LCSW & Regina Robichaux, LPC
Mondays 6:00-8:00 PM
September 14- October 19

Behavior Choices: Anger Management for Teens FREE! This class is offered in Crowley ONLY!

This class for parents and their teenaged children. Together they learn negotiation skills to help cope with conflicts at home & in other settings. At least one parent is required to attend classes with teen. This course is free thanks to the Louisiana Children's Trust Fund Andrea Vidrine

Tuesdays, August 4-25 from 6:00-7:30 PM

All classes require pre-payment for registration.
Payments can be mailed to:

**THE FAMILY TREE
4540 AMBASSADOR CAFFERY PKWAY. STE. B-220
LAFAYETTE, LA 70508**

Please include the name of class for which you are registering on check.

Call 981-2180 for more information.

SPECIAL TOPICS

CHILDREN COPE WITH DIVORCE Parents Only! (No children please.)

\$35

This four-hour parent seminar is designed to help minimize the negative impact of divorce on children. Participants will explore how families experience divorce, typical reactions of children, skills that help children cope, and pitfalls to avoid. The class begins promptly on time so please allow extra time for traffic & parking.

Thursday Evenings 5:30-9:30 PM:

July 9, 23, 30, August 6 & 20, September 24

Thursday **Morning** 8:30 AM- 12:30 PM: September 10

Additional Dates will be added as classes fill! Please call for more info!

**Thursday Evening in New Iberia
5:30 PM-9:30 PM: July 23**

COOPERATIVE PARENTING & DIVORCE \$60/person, \$80/couple

During the divorce process, parents often struggle to restructure their family. This struggle is magnified by pain, anger and concerns about how to support their children during this process. This program addresses the issues associated with divorce through a group format that incorporates skills development, parent interaction and application.

Registration Policy: Class size is limited to 10 attendees. Only the first 10 **PAID** enrollments can take the class. Registrants who cannot attend the class must call The Family Tree 24 hours before the class is set to begin to be entitled to a tuition refund.

Connie LeBlanc, LPC
Mondays 6:00-8:00 PM

July 6-27 & September 14- October 5

Dress for Success! FREE!

This is an educational seminar presented by Banana Republic. Topics to be discussed are proper interview and business attire as well as discussions on interview questions.

Wednesday, July 22 from 6:00-7:00 PM

SUPPORT GROUPS

BIPOLAR SUPPORT GROUP

Parents of Children w/Bipolar Disorder

This group meets monthly to offer support and to share information in a setting of understanding and compassion for the families of children suffering from this often misunderstood diagnosis.

Rachel Foreman

First Wednesday of every month! 5:30-6:30 PM

July 1, August 5, September 2

ADHD Support Group FREE! (No children please.)

This monthly support group is led by an expert in the field and enables parents of children with AD/HD to share information/resources.

Danny Yeager, LCSW

Third Wednesday of every month! 6:00-7:00 PM

July 15, August 19, September 16

FREE SATURDAY WORKSHOPS

Lafayette Time: 10:00-11:30 AM

New Iberia Time: 1:30-3:00 PM

Call (337)981-2180 for more information.

July 11- Parenting 106

Parenting from Strengths

This workshop will help caregivers to identify and parent children from their own unique strengths, gifts, and abilities.

July 25- Parenting 107

Non-custodial Parenting

This workshop will offer non-constudial/non-domiciliary parents tips and strategies for parenting.

August 8- Parenting 108

How to Help Your Child Stay in School

This workshop will offer caregivers the opportunity to learn the reasons children drop out of school and tips and strategies for keeping children in school.

Please CALL for info on ADDITIONAL Workshops!