

The Family Tree Spring 2009 Class Schedule

A P R I L	MON	TUES	WED	THURS	FRI	SAT
			1 Bipolar Support Group	2 Children Cope with Divorce (PM)	3	4
	6 Cooperative Parenting & Divorce #1	7	8	9	10	11
	13 Cooperative Parenting & Divorce #2 RAPP # 1	14	15 How To Talk so Kids Will Listen #1	16	17	18
	20 Cooperative Parenting & Divorce #3 RAPP # 2	21 ANGER CHOICES #1	22 How To Talk so Kids Will Listen #2 ADHD Support Group	23 Children Cope with Divorce (AM)	24	25 Just for NEW DADS! (Laf. and New Iberia)
	27 Cooperative Parenting & Divorce #4 RAPP #3	28 Best Dads #1 ANGER CHOICES #2	29 How To Talk so Kids Will Listen #3	30		

M A Y	MON	TUES	WED	THURS	FRI	SAT
					1	2
	4 RAPP #4	5 Best Dads #2 ANGER CHOICES #3	6 Bipolar Support Group How To Talk so Kids Will Listen #4	7	8	9
	11 RAPP #5	12 Best Dads #3 ANGER CHOICES #4	13 How To Talk so Kids Will Listen #5	14 Children Cope with Divorce (PM)	15	16 Congratulations! You're a..Grandparent Parenting a Granchild (Laf. and New Iberia)
	18	19 Best Dads #4 ANGER CHOICES #5	20 ADHD Support Group	21	22	23
	25 Cooperative Parenting & Divorce #1	26 Best Dads #5 ANGER CHOICES #6	27 Common Sense Parenting #1	28 Children Cope with Divorce (PM)	29	30 Taming Temper Tantrums (Laf. and New Iberia)

J U N E	MON	TUES	WED	THURS	FRI	SAT
	1 Cooperative Parenting & Divorce #2	2 Best Dads #6	3 Bipolar Support Group Common Sense Parenting #2	4	5	6
	8 Cooperative Parenting & Divorce #3	9 Best Dads #7	10 Common Sense Parenting #3	11 Children Cope with Divorce (PM)	12	13 Parenting Tweens (Laf. and New Iberia)
	15 Cooperative Parenting & Divorce #4	16 Best Dads #8	17 Common Sense Parenting #4 ADHD Support Group	18	19	20
	22	23 Best Dads #9	24 Common Sense Parenting #5	25 Children Cope with Divorce (AM)	26	27
	29	30 Best Dads #10	1 (July) Common Sense Parenting #6			

Spring 2009 Program Schedule

GENERAL PARENTING

BEST DADS, Nurturing Fathers Program

FREE!

This 10-week course will explore topics such as discipline and creative play, fathering sons and daughters, teamwork with spouse and co-parent, communication and problem-solving, and balancing work and fathering. This course is free to fathers thanks to the Louisiana Children's Trust Fund. Pre-registration is required at 237-2160.

Jay Menard

April 28 - June 30, 6-7:30 p.m. - Tuesdays

HOW TO TALK SO KIDS WILL LISTEN

\$75/person, \$95/couple

Do you feel that you could better communicate with your children? If so, this series will interest you! This five-week seminar focuses on effective communication techniques that encourage cooperation between parents & children.

Jessica Frey

April 15 - May 13, 6-7:30 p.m. - Wednesdays

COMMON SENSE PARENTING OF TODDLERS & PRESCHOOLERS

FREE!

Do you feel that you could better communicate with your children? If so, this series will interest you! This six-week seminar focuses on effective communication techniques that encourage cooperation between parents & children.

Amy Abraham, PhD

May 27 - July 1, 6-7:30 p.m. - Wednesdays

ANGER MANAGEMENT

Anger Choices

\$140 or \$120 if paid one week before class

Learn how to reduce self-defeating angry reactions. This class explores what defines anger and how to wisely choose reactions that are less harmful to self and others. Register at least one week early for a \$20 fee reduction!

Regina Robichaux, LPC

April 21 - May 26, 6-7:30 p.m. - Tuesdays

RAPP (Resolving Anger with Past Partners)

\$140/person

A small class of 8-10 participants will address issues unique to separation and divorce. These issues can be related to custody arrangements, financial support, anger as normal grieving, and feelings about the former spouse's dating or remarriage as it affects the participant and his or her children. The goal of the class is to help reduce bitterness related to these issues and to be more accountable to themselves. RAPP is designed to help both men and women. Due to the class content and goals, only one partner will be allowed in each class offering.

Terry Zenner, LCSW & Regina Robichaux, LPC

April 13 - May 11, 6-7:30 p.m. - Mondays

SPECIAL TOPICS

CHILDREN COPE WITH DIVORCE (parents only)

\$35

This four-hour parent seminar is designed to help minimize the negative impact of divorce on children. Participants will explore how families experience divorce, typical reactions of children, skills that help children cope, and pitfalls to avoid. The class begins promptly on time so please allow extra time for parking.

Evenings: April 2, May 14, May 28, June 11 @ 5:30-9:30 p.m.

Mornings: April 23, June 25 @ 8:30 a.m. to 12:30 p.m.

New Iberia: May 21, 5:30-9:30

COOPERATIVE PARENTING & DIVORCE

\$60/person, \$80/couple

During the divorce process, parents often struggle to restructure their family. This struggle is magnified by pain, anger and concerns about how to support their children during this process. This program addresses the issues associated with divorce through a group format that incorporates skills development, parent interaction and application.

Registration Policy: Class size is limited to 10 attendees. Only the first 10 PAID enrollments can take the class. Registrants who cannot attend the class must call The Family Tree 24 hours before the class is set to begin to be entitled to a tuition refund.

Connie LeBlanc, LPC

April 6 - April 27, 6-7:30 p.m.

FREE SUPPORT GROUPS

ADHD Support Group

This monthly support group is led by an expert in the field and enables parents of children with AD/HD to share information/resources. No children please.

Danny Yeager, LCSW

April 22, May 20, June 17, 6-7 pm.

BIPOLAR SUPPORT GROUP

Parents of Children w/Bipolar Disorder

This group meets monthly to offer support and to share information in a setting of understanding and compassion for the families of children suffering from this often misunderstood diagnosis

Rachel Foreman

April 1, May 6, June 3, 6-7 p.m.

FREE WEEKEND WORKSHOPS

Lafayette Time: 10-11:30 a.m.

New Iberia Time: 1:30-3 p.m.

Call 337-981-2180 for more information.

April 25 - Just for NEW DADS

Information, tips, and strategies for expectant and new dads.

May 16 - Congratulations! You're a Grandparent Parenting a Grandchild!

This workshop will offer grandparents and other non-biological parents a refresher of child development and knowledge, skills and strategies for raising responsible children in today's society.

May 30 - Taming Temper Tantrums

This workshop will provide an overview of child development and knowledge, skills, and strategies for diffusing temper tantrums and other "acting out" behaviors.

June 13 - Parenting Tweens

An overview of child development and knowledge, skills, and strategies for parenting during the "tween years."

All classes require pre-payment for registration.

Payments can be mailed to: **The Family Tree**
4540 Ambassador Caffery Pkwy. Ste. B-220
Lafayette, LA 70508

Please include the name of class for which you are registering on check. Call 981-2180 for more information.